

Warning Signs of Money Conflict

Money problems can be a drain on all areas of your life and relationships. Money issues can lead to self-defeating behavior and conflicts with friends and family. If you, a friend or family member are in money conflict, you can learn to take control of your money and your life. First, understand the behaviors that signal money conflict in yourself and others.

Behaviors Signaling Money Problems

1. Asks friends or family for small loans.
2. Grandiose behavior--continually treating friends to lunch, excessive gift giving, flaunting new purchases that seem beyond his/her income level.
3. Deep depression or loss of sleep over financial matters.
4. Asks for pay increases because he/she "needs" the money.
5. Increases payroll deductions to gain more cash flow.
6. Stops making contributions to retirement account to increase cash flow.
7. Allows insurance to lapse.
8. Stashes unopened mail.
9. Reports that purchases on credit are repossessed.
10. Bounces checks.
11. Floats checks toward end of pay periods.
12. Wages garnished.
13. Loss of personal transportation.
14. Spends a lot of time on the phone with creditors or the bank.
15. Family conflict or marital discord over money.
16. Owes back taxes.
17. Complains of eviction or foreclosure proceedings.
18. Compulsively goes on line to look at bank accounts.
19. Obsessed with credit score.
20. Frequently transfers credit card balances from one low interest card to another.

Don't allow someone you care about to anguish over money problems.

Kathryn Amenta can help you, your friend or family member get to the root of their money problems – the personal money behaviors, emotions and underlying beliefs.

She teaches practical money management, helps people plan for their future and stay on track with their goals.

A Safe and Caring Way out of Money Conflict.

Working nationally from San Francisco, CA



Call 415.333.6972 today and learn how Kathryn Amenta can help someone with money problems. Visit www.KathrynAmenta.com